



RIGHTEOUS

WE NEED IT, GOD GIVES IT, WE LIVE IT
ROMANS 1-8



10. The two realms of life

Our passage today outlines two very different realms. What are some examples of the Before and After, or the Old and the New? Why do we like the idea of before/after, old/new?

1. READ Romans 5:12-21. Fill in the following table – listing everything we’re told about the old life in Adam (the trespass) and the new life in Jesus (the free gift)

The Old Life in Adam (the trespass)	The New Life in Jesus (the free gift)

2. In what ways is “the free gift” not like “the trespass”?
3. How does the free gift of God’s grace in Jesus swallow up the old life in Adam (look for words like “how much more” or “abounded all the more”)
4. How do Christians “reign in life through the one man Jesus Christ”? (hint: if you’ve united yourself to Jesus by faith then whatever Jesus reigns over you also reign over)
5. List in your own words all the benefits living in the realm of Jesus give us. How do these things make you feel?
6. Can someone say they’re a Christian but still be living the old life in the realm of Adam? What would you say to someone like that?
7. What are some ways we show that we’re living the new life in the realm of Jesus?

